



### **My Face has a Gift for You!**

Ask the child to pick a hand, any hand.  
When the child picks a hand, briefly  
make some form of a funny face.

Then repeat!



### **Hot Dog Game**

Lay a blanket flat on the floor. Begin the game by saying "I'm going to pretend this towel is a hot dog bun and you are a hot dog. Lie down on the bun. Boy, am I hungry. I sure would love a hot dog. Well, look here, I see a hot dog right in front of me. I need to put on some ketchup." (Pretend to put on ketchup). Continue to pretend putting on as many condiments on the hot dog as you would like. Ask the child what they like on their hot dog. When finished, roll the child up in the towel. Pretend to gobble down the hot dog.



Sit side by side with the child and cover both yourself and the child with a blanket.

When you get to the part of shouting “It’s me!”, both of you pop out from under the blankets before shouting. Use variations for the ending response.

### **I’m Hiding!**

I’m hiding, I’m hiding,  
No one will find me here.  
I’ll be as quiet as can be  
When anyone gets near.  
And when they’ve looked all over,  
Around and all about,  
I’ll jump out from my hiding place  
And give a great big shout.  
“It’s me!”



### **Blanket Volleyball**

Place a ball on a blanket and when ready give a visual, auditory or code word as a signal to toss the ball in the air and catch it in the blanket.

Game structure:

1. OUR GOAL IS TO WORK TOGETHER TO TOSS AND CATCH THE BALL.
2. CLEARLY GIVE THE SIGNAL
3. ENSURE THE CHILD WAITS FOR THE SIGNAL BY NOT PLACING THE BALL UNTIL JUST BEFORE THE



### This Little Finger

**This little finger came to school in a car.** (Massage the child's little finger as you say this and give the tip a little squeeze when you say "car".)

**This little finger rode the bus.** (Repeat the activity with the ring finger)

**This tall finger rode his/ her bicycle.** (Repeat with the middle finger)

**And this one chose to walk.** (Repeat with index finger)

**This thumb lived so-o-o far away.** (Hold thumb firmly and wriggle it)

**It had to go up the hill and down, 3x's** (Trace the child's fingers starting at the thumb until you are between the child's ring and little fingers. As you say "around" quickly trace up the child's palm back to their thumb.)

**To get all the way inside the school.** (Tuck the child's thumb into their palm and fold each finger into a fist to make the school. End with your hands wrapped around the child's.)



### Round and Round the Garden

**Round and round the garden** (Draw circles on the child's palm)

**Goes the teddy bear** (Continue drawing circles on their palm)

**One, step, two step** (Walk your fingers up the child's arm toward their armpit)

**Tickle under there.** (Tickle the child under their arm)



### Guess What I am Drawing?

Have the child sit so their back is available for you as pretend paper for you to draw on. Tell the child "I'm going to draw something on your back. See if you can guess what I am drawing." Draw something easy so they are successful. Try numbers and letters but tell them you are going to draw a number or letter and want them to guess which one. For younger children, try drawing a shape for them to guess. End the game with a relaxing back rub.



### Here's the Beehive

**"Here's the beehive, where are the bees?"** (Hold the child's fist closed with an inquisitive expression while looking all around)

**"Hidden away where nobody sees."** (Say this line with a sighing voice while you shrug your shoulders, looking at the child's closed hands.)

**"Watch and you will see them come out of the hive."** (Show anticipation and delight, prepare your other hand to "remove the bees.")

**"One, two, three, four, five"** (Pick out one "bee" at a time as you count the child's fingers being opened. Make a bzzzz sound as each finger is extended.)

**"Bzzzzzz"** (Once all bees are out, continue to make a bee sound and move the child's hand in a fluttering motion.)

**"I'll catch them and keep them alive."** (Pretend to catch the bees by tucking the child's fingers inside your hands. When the bees are "caught", check on them several times to make sure they are alive. Each time you open your hand make a bee sound.)



### Snuggle Time

While holding and snuggling with a child, say this rhyme together. After the rhyme, rock in a chair or read a book to the child.

**Sometimes I yell.**

**Sometimes I hurry.**

**Sometimes I fuss.**

**And sometimes I worry.**

**All is not lost.**

**Everything is fine.**

**I love you so much!**

**Now it's snuggle time.**