Dear Service Providers and Vendors,

Thank you very much for working with our students at Daniel Island Academy. At Daniel Island Academy we use a program in our daily routines and curriculum called Conscious Discipline. Conscious Discipline® is an emotional intelligence program embedded with strategies for responding rather than reacting to life events. Through responding, conflict moments are transformed into cooperative learning opportunities.

We incorporate language and visual aids to teach children appropriate ways to respond to their friends. We use the phrase "SAFE" and we encourage you to use this word as well. Children need to feel safe before they can make connections, problem solve or learn. You will also hear the following phrases from both teachers and children:

Is that HELPFUL or is that HURTFUL?

Is that SAFE or is that UNSAFE?

If children are upset and having difficulty getting along with their peers we do not use or tolerate "time out", yelling, shaming or punishment as a means of handling situations. We suggest:

Step 1 – Calm down by breathing Step 2- Identify what they are feeling

Step 3- Choose an activity to help them feel better

Step 4 – Re-enter the group

As we create THE SCHOOL FAMILY[™], we wish to include you in the school family as well. We would be happy to answer any questions you may have about this program. If we don't have an answer for you, we will find it and get back to you. You can also read more and watch videos about Conscious Discipline[®] on their website <u>www.consciousdiscipline.com</u>.

Thank you,

Daniel Island Academy Administration

Any observed actions outside of our standard will be reported immediately to Daniel Island Academy administration and the supervisor of service provider or vendor. This action may result in discontinuing service and a refund to families for any services not rendered.

